

WHITE CROSS NEWSLETTER

July 2025

White Cross Business Park, Lancaster, LA1 4XQ
www.whitecrossbusinesspark.co.uk • 01524 585 360
<https://whitecrossbusinesspark.co.uk/news/>



Dear Tenants,

As we move into the heart of summer, we hope you're all enjoying the longer days and (hopefully!) some sunshine. Whether you're planning a well-earned holiday or simply taking time to unwind, we wish you a relaxing and enjoyable season.

We'd like to take this opportunity to thank you for your continued cooperation and support across the park. Your efforts help maintain a positive and productive environment for everyone.

A few quick reminders:

Maintenance Requests: If you have any issues or concerns, please continue to log them through the usual channels so we can respond promptly.

Parking & Access: As always, please be mindful of shared spaces and ensure access routes remain clear for all tenants and visitors.

We'll be back with more updates in the next edition. In the meantime, enjoy the summer and don't hesitate to reach out if you need anything.

Warm regards,
Dean Barlow

LANDLORD INFORMATION/NEWS

Annual Fire Risk Assessment Reminder

A friendly reminder that all tenants are required to submit their annual Fire Risk Assessment to the LCDL Estates Team. This is a vital part of ensuring the safety of everyone on site. Please send your completed assessments to: **whitecross@lancashire.gov.uk**. If you need guidance on what your assessment should include, feel free to get in touch with the Estates Team for support.

White Cross Business Park Website/Portal

The tenant portal can now be accessed by companies on site by following the link – www.whitecrossbusinesspark.co.uk and using the login - whitecross23. This will show the latest site news. If you wish to share any news, promotions, events, or would like your company to be featured in the "spotlight" on the website, please send your news to First Digital Media, who design and maintain our website. Contact: **amy.holdsworth@firstdigitalmedia.co.uk**

GETTING SOCIAL

A reminder that White Cross Business Park has a facebook and twitter page so please check it out, follow us and request to join the group. We will post information, events and news on our page. So please let us know if you want anything posting or mention us in your own posts.

Please send us your news, promotions, events or express interest in your company being in the "spotlight" by contacting amy.
holdsworth@firstdigitalmedia.co.uk

Private Parking

Spaces are currently available. For more information, please contact Lorraine at:
lorraine.corlett@lancashire.gov.uk

CYCLE LOCKERS

Please inform the estate office if your bike locker is no longer required as there is a waiting list for this.





TechLancaster



Tech Lancaster, based at White Cross Business Park, is pleased to announce it has recently won another contract to deliver electronics and electech Skills Bootcamps across Lancashire, Blackburn and Darwen and Blackpool to help further support the pipeline of skills and talent into the regional electronics and electech industry.

Established in 2020 and supported by a group of companies led by Milliamp Technologies based in Storey House, it has grown from strength to strength and continues to deliver OFSTED regulated electronics and electech learning across England on behalf of the Department of Education's Skills for Life programmes. Tech Lancaster also helped to establish the regional trade body Electech Innovation Cluster which is now regularly seen running events around the White Cross Business Park and Fraser House. Electech companies supported by Tech Lancaster in the Morecambe Bay region over the past year have grown significantly (over 68%), with nearly 1000 people employed in 2024 generating over £161million of revenues. Tech Lancaster has played a key role in helping enable this growth and aims to continue to do so with its Skills Bootcamp programmes, and this has been recognised by visits from UK Government including representatives from 10 Downing Street witnessing our industry led learning and local electech companies.

The next Skills Bootcamp programme starts in September 2025 and is now enrolling new candidates. The free Skills Bootcamp helps participants aged 19 and over re-skill and upskill into new, high value roles in electronics and electech industries. No previous experience or qualifications required - just a creative or technical aptitude and an enthusiastic attitude!

Visit:

www.tech-lancaster.org.uk

to learn more.

Rich Grant, founder and director of Tech Lancaster said "we are very pleased to be supporting a new cohort of learners into new and improved roles in electronics and electech in the region. From our small beginnings during the COVID19 pandemic we have helped hundreds find new careers and opportunities in our buoyant local and national electronics sector - from truck drivers to university graduates and we look forward to helping grow the sector further."



Funded by
UK Government

White Cross

Hello to the White Cross community



**Having recently moved into The Barracks,
I wanted to take the opportunity to introduce myself and
my business, Shift CBT and Coaching.**

**My name is *Kelly Robinson* and I am an accredited
Cognitive Behavioural Therapist (often shortened to CBT)
helping people who are experiencing stress, anxiety
conditions and low mood. For the past 15 years, I have
worked in the NHS and within Student Wellbeing at
Lancaster University, and I have now set up a private CBT
practice in the heart of Lancaster.**

CBT is a form of psychological treatment that has been demonstrated to be effective for a range of problems. It is designed to empower people with tools and skills to start overcoming common mental health symptoms by creating helpful shifts in how a person thinks, feels and behaves. It is an evidence-based therapy, meaning it is backed by scientific research and studies demonstrating positive change.

Alongside CBT, I am also a certified Transformational Coach and I am currently working towards a further coaching qualification. Coaching is a collaborative conversation that can help people to achieve specific goals and unlock potential. It can help people take steps to get from where they are now, to where they want to be. I currently have limited availability for anybody that would like to explore coaching in exchange for a testimonial. Please do feel welcome to get in touch if you wish to explore free coaching opportunities.

I provide a confidential, non-judgemental and warm approach and my aim is to help people feel supported and comfortable. CBT is a collaborative style of therapy meaning that we work in partnership towards your goals. It can be hard to reach out for support and so I want people to feel very welcome.

I am able to provide sessions both online and in-person and offer a 15 minute no-obligation discussion for anybody who would like to find out more or explore options for support. Please find further details [here](#).

I'd also love to connect with other therapists, practitioners and counsellors on site to discuss connection opportunities, or any other business whereby it may be helpful to get to know each other (or even a social opportunity!). My email is **kelly@krcbt.co.uk**.

**Best wishes,
*Kelly***



Recent review:

"I am worlds away from how I felt when I started sessions with you! All your advice and support has been incredibly useful so thank you again for everything".



FIRST DIGITAL MEDIA HAVE RELOCATED TO FRASER HOUSE!

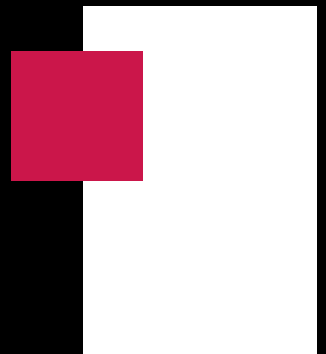
The team at First Digital Media are thrilled to announce that we have officially relocated into a brand-new office space in Fraser House.

After 14 fantastic years onsite, we are saying goodbye to The Gatehouse as we begin an exciting new chapter!

As we continue to grow and build connections with businesses across Lancashire and beyond, our new office is well-equipped to deliver bespoke digital marketing services.

If you're around, pop in for a coffee, or a game of pool or ping pong. Our doors are open, and we would love for you to say hello.

Here's to the next exciting stage in our journey!



Call 01524 544346

info@firstdigitalmedia.co.uk

www.firstdigitalmedia.co.uk

White Cross

HERE'S A SNEAK PEEK OF OUR NEW OFFICE!



Call 01524 544346

info@firstdigitalmedia.co.uk

www.firstdigitalmedia.co.uk

White Cross

LANCASTER'S CRAFT BEER SPECIALISTS



WWW.PRENBOTTLESANDTAP.CO.UK

JULY 2025

WHAT HAVE WE BEEN UP TO?

WE HAD A GREAT TIME AT FESTA ITALIA LAST MONTH. WE TOOK SOME OF OUR FAVOURITE BEERS ALONG, AS WELL AS SOME ITALIAN INSPIRED CRAFT BEERS TO SHARE WITH THE MANY FESTIVAL GOERS! THE SUN WAS SHINING AND THE BEERS WERE FLOWING. WE WILL BE SURE TO GO AGAIN NEXT YEAR SO IF ANYONE MISSED US THIS TIME MAKE SURE YOU ADD NEXT YEAR'S EVENT TO YOUR CALENDAR!



BEERS FROM NEAR AND FAR



WE HAVE EXPANDED BOTH OUR LOCAL BREWERY AND INTERNATIONAL SECTIONS THIS MONTH. SOME OF OUR HIGHLIGHTS INCLUDE PIL FROM GAN YAM BREWERY IN KENDAL AND RODENBACH GRAND CRU FROM ROESELARE, BELGIUM



THEME OF THE MONTH

BESTSELLERS OF THE YEAR SO FAR!



CAMPERVAN -EXTRA BLACK
£4.40

NITRO PORTER 4.5%
CAMPERVAN BREWERY ARE AN INDEPENDENT BREWERY FROM EDINBURGH AND PRODUCE A GREAT SELECTION OF GLUTEN FREE/VEGAN/LACTOSE FREE BEERS. EXTRA BLACK HAS BEEN, BY FAR, ONE OF OUR BEST SELLERS HERE AT PREN. THIS NITRO PORTER IS RICH, SMOOTH AND FLAVOURFUL. COLD PRESS COFFEE AND MILK CHOCOLATE NOTES SHINE THROUGH.



VAULT CITY - WEE BUCKIE
£5.80

VAULT CITY'S BLACKBERRY SESH STARTER SOUR 4.5%
A TRIBUTE TO A TRUE CULTURAL ICON, WEE BUCKIE IS VAULT CITY'S SESSIONABLE TAKE ON THE LEGENDARY "WRECK THE HOOSE JUICE".
PACKED WITH TANGY BUCKIE VIBES, CAFFEINE AND JUICY BLACKBERRIES, THIS SESH SOUR DELIVERS FAMILIAR FLAVOURS OF SWEET, DARK STEWED FRUITS AND SUBTLE NOTES OF COUGH SYRUP.
TART, VIBRANT, AND REFRESHINGLY SMOOTH, BALANCED WITH A DEEP BERRY RICHNESS.



PRENBOTTLESANDTAP



PREN THE BEER SHOP

Visit www.prenbottlesandtap.co.uk and subscribe to our monthly newsletter for an exclusive 10% off discount code!

PAGE 1

White Cross

LANCASTER'S CRAFT BEER SPECIALISTS



WWW.PRENBOTTLESANDTAP.CO.UK

JULY 2025

LUNE BREW CO. MODERN CRAFT BEER FROM THE BEAUTIFUL LUNE VALLEY

LUNE BREW HAVE BEEN ON OUR RADAR SINCE THEY STARTED UP IN 2023. SETTING UP SHOP ON OUR DOORSTEP IN GALGATE, THEY HAVE BEEN PRODUCING SOME GREAT BEERS IN CASK AND KEG FOR A WHILE NOW BUT HAD NOT VENTURED INTO THE CANNING MARKET... UNTIL NOW!

WE ARE PROUD TO STOCK SOME OF THE VERY FIRST CANS COMING OUT OF THIS GREAT BREWERY. WE CAN'T WAIT TO SEE WHAT THEY BREW NEXT!

INTRODUCING OUR NEW "LOCALS" MYSTERY BOX



WE LOVE OUR LOCAL BEER HERE AT PREN, AND TO CELEBRATE SOME OF THE AMAZING BREWERIES WE HAVE IN LANCASHIRE AND CUMBRIA WE HAVE COLLATED A SPECIAL "LOCALS" MYSTERY BOX. OUR 6 CAN MYSTERY BOXES USUALLY RETAIL AT £30 BUT WE ARE PRACTICALLY GIVING THESE AWAY AT ONLY £25! GRAB YOURS WHILE STOCKS LAST!



Local Legends!

LUNE BREW - GLUTEN FREE PALE ALE
£3.90
PALE ALE
4.1% ABV

SERIOUSLY POPULAR AND NOW EVEN MORE SO BEING GLUTEN FREE, THIS MODERN CLASSIC IS YOUR ALL-SEASON, ANYTIME BEER. WHETHER YOU'RE GETTING THE GANG

TOGETHER OR ENJOYING A SOLO MOMENT OF PEACE, IT'S ALWAYS THE RIGHT CHOICE.

WITH ITS PALE, SUBTLE HAZY CHARM AND A FLAVOUR PUNCH OF CITRUS, MANGO, AND STONE FRUITS, IT'S LIKE A TROPICAL VACATION IN A GLASS WITH JUST A CHEEKY LITTLE PINE KICK FROM THE CITRA, CENTENNIAL, AND MOSAIC BLEND OF HOPS.

LIGHT, SESSIONABLE, AND ALWAYS READY TO IMPRESS, THIS IS THE BEER THAT WORKS WHETHER YOU'RE RAISING A GLASS OR KICKING BACK!



LUNE BREW - CARAVAN OF LOVE
£4.00
INDIA PALE LAGER
4.5% ABV

YOU'RE OUT IN THE WILD, TENT PITCHED, FIRE CRACKLING? OR ARE YOU GETTING READY? DO YOU REACH FOR A CRISP LAGER OR A HOPPY IPA? STOP THE INTERNAL STRUGGLE. WE'VE DONE THE HARD WORK AND BLENDED THE BEST OF BOTH WORLDS INTO ONE CHEEKY LITTLE BREW.

BUILT ON A CLASSIC LAGER BASE, FERMENTED LOW AND SLOW WITH PROPER LAGER YEAST FOR THAT CLEAN, REFRESHING SNAP. THEN, "BOOM" DRY-HOPPED LIKE AN IPA, BURSTING WITH TROPICAL STONE FRUIT, WHITE GRAPE, PASSIONFRUIT AND GOOSEBERRY FLAVOURS AND JUST A WHISPER OF FLORAL GOODNESS.

A PROPER FLAVOUR BOMB DISGUISED AS A SESSIONABLE CRUSHABLE LAGER.



PRENBOTTLESANDTAP



PREN THE BEER SHOP

Visit www.prenbottlesandtap.co.uk and subscribe to our monthly newsletter for an exclusive 10% off discount code!

PAGE 2

White Cross

the Olive Branch

faith in action



It was an immense privilege to be part of events to welcome King Charles on his historic visit to Lancaster Castle on Monday 9th June. Barbara, Founder of The Olive Branch and Linda, our Chair of Trustees were invited to join the Reception for Voluntary Organisations, as part of events to welcome the King on his visit to Lancaster Castle.

The Reception was a special opportunity to meet with representatives of other organisations, local dignitaries, MP Cat Smith, and even the King himself. As Linda described, *"It was a memorable day of ceremony, music and conversation, culminating in several minutes with the King himself. He talked knowledgeably about tackling food poverty and was hugely encouraging of the work we do. It felt an honour to be there representing all those who support The Olive Branch week in and week out."*



We are deeply grateful for the continued support of our community on White Cross Business Park. In May of this year alone, we gave out over 360 emergency food parcels to individuals and families in need, equivalent to over 13,000 items of food - which would not have been possible without the generosity of our community. In receiving such high numbers of guests, we have now used up most of the donations we were able to store from collections responding to our 2024 Harvest and Christmas Appeals. So, as we head into the summer and approach the school holidays, we would really appreciate your continued help to keep our shelves stocked so we can continue to support households facing hardship.

With thanks from The Olive Branch team
info@the-olivebranch.org.uk
Unit 8-0-1, Harpers Mill, White Cross Business Park



Come for breakfast!



We at The Olive Branch are pleased to invite you, our co-tenants at White Cross, to join us for breakfast at Harpers Mill on Wednesday 10th September between 8am and 9.30am.

We'd love to welcome you for hot drinks and breakfast food - stay for as little or as long as you like between these times.

We're delighted to host this opportunity for us all to get to know our neighbours at White Cross a little better, and the event is free to those attending. This is thanks to the kind support of TPCS Ltd, Cameron House, who are our sponsors for this event.

If you can join us, please contact us by Thursday 4th September. (Maximum of 3-4 places per company).

We hope to see you there!

Kind regards,
The Olive Branch team
info@the-olivebranch.org.uk
01524 555715
Unit 8-0-1, Harpers Mill, White Cross
Business Park

White Cross



What: Like the famous TV Dragons, this is an opportunity for women from our Start Up course to pitch for support for their fledgling businesses.

Why: Unlike the TV, our Angels are much more gentle, and **every** woman who pitches comes away with something.

Who: We are looking for local business Angels willing to offer the time, support, resources or seed funding that could help a business transform.

How: Contact sarah@thegrowingclub.co.uk for more information about becoming an Angel or to sponsor the event.

