

# WHITE CROSS NEWSLETTER

May 2026

White Cross Business Park, Lancaster, LA1 4XQ  
[www.whitecrossbusinesspark.co.uk](http://www.whitecrossbusinesspark.co.uk) • 01524 585 360  
<https://whitecrossbusinesspark.co.uk/news/>



## Dear Tenants,

As you may be aware, the Simpler Recycling legislation came into force just over a year ago for businesses with 10 or more full-time equivalent (FTE) employees. This introduced a requirement to separate recyclable materials and food waste from general waste, helping to create a more consistent recycling system across England.

The next key milestone is 31 March 2027, when micro firms (those with fewer than 10 FTE employees) must also comply. From this date, all businesses will be required to separate dry recycling and food waste from general waste.

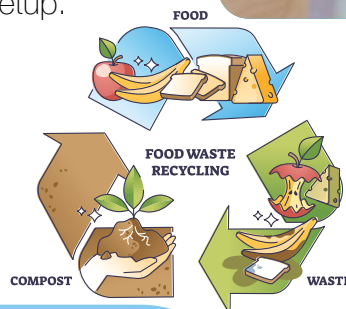
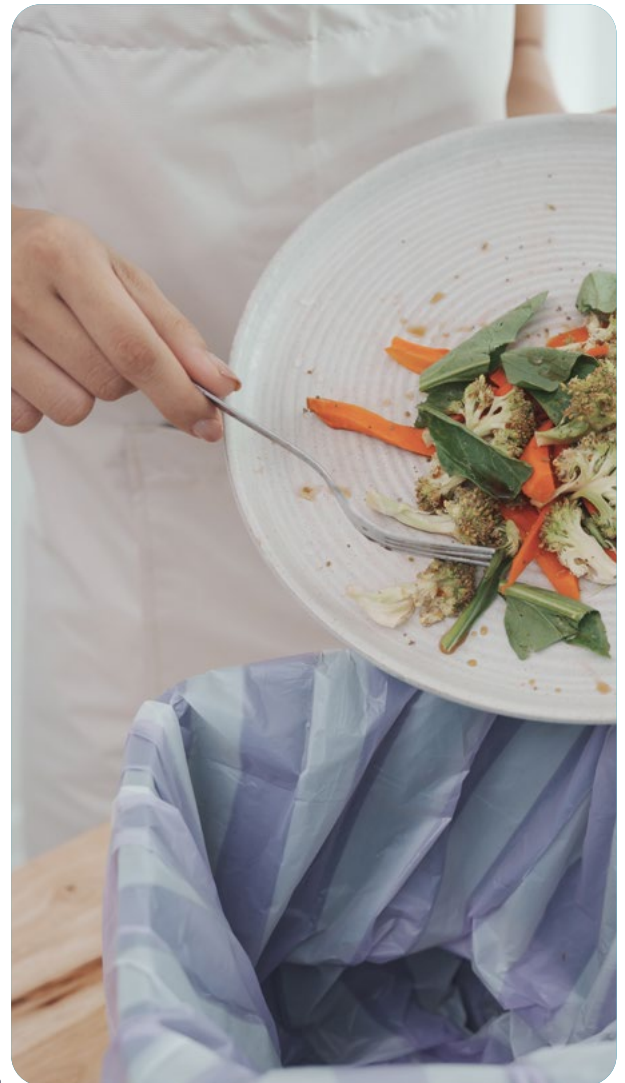
In addition, flexible plastic packaging such as plastic film and bags will need to be separated as part of the plastic waste stream.

For those of you using the communal kitchen facilities on site, these areas are already set up to be compliant with the legislation. As long as you are using the bins provided correctly, you will be meeting your obligations.

If you have your own kitchen or waste facilities within your unit, please ensure you understand your responsibilities. We would encourage you to review the government guidance on Simpler Recycling to confirm what is required for your specific setup.

Kind Regards,  
Dean

**Dean Barlow**  
Business Park Manager



# CMI Leadership & Management

## Level 5 Award & Certificate

The CMI range of qualifications are aimed at practising or aspiring managers and leaders who are typically accountable to a senior manager or business owner.

The primary role of a practising or aspiring manager and leader is to lead and manage individuals and teams to deliver aims and objectives in line with organisational strategy. Role and responsibilities may also include but are not limited to developing teams and individuals, creating operational plans, planning and managing projects, managing change, managing finance, resources and identifying new approaches to business activities, managing quality and continuous improvement as well as managing the human resources function.

### Who is the qualification aimed at?

The qualifications have been designed for practising or aspiring managers in roles such as:

- Operations Manager
- Divisional Manager
- Departmental Manager
- Regional Manager
- Specialist Manager

### What does the qualification involve?

Each unit will require the learner to complete a written assignment with a guided word count of between 3000-4000 words.

#### Some units may also require the learner to provide

- Work-based evidence
- Scenario/case study
- A report
- Reflective practice/own experience

You will be required to do at least 5 hours home study per week as well as the tutor lead sessions.

## **Which units will I study?**

You can choose up to 3 units. If you study and complete 1 unit you will gain an Award and if you complete 3 units you will gain a Certificate.

### **Unit 501 - 2, 16 and 30 June**

Principles of Management and Leadership in an Organisational Context

### **Unit 504 - 28 July, 11 and 25 August**

Managing Performance

### **Unit 507 - 8 and 22 September, 6 October**

Principles of Coaching and Mentoring

### **Unit 525 - 3 and 17 November, 1 December**

Using Reflective Practice to Inform Personal and Professional Development

### **Unit 510 - dates coming soon**

Managing Conflict

### **Unit 513 - dates coming soon**

Managing Projects to Achieve Results

Full unit overviews can be provided on request.

## **Cost**

The cost per unit will be £380, and delegates can study as many units as they like.

## **For further information**

[employerhub@lmc.ac.uk](mailto:employerhub@lmc.ac.uk) • 01524 521292 • [lmc.ac.uk](http://lmc.ac.uk)



# FRASER HOUSE

## DIGITAL & TECH HUB IN LANCASTER A FLEXIBLE COWORKING SPACE TO GROW, INNOVATE & COLLABORATE

Fraser House is a diverse and inclusive co-working space for Tech and Digital businesses. Our community fosters collaboration and encourages innovation.

Fraser House is a community-driven workspace located in the heart of Lancaster. Our mission is to create a welcoming and inclusive environment where Tech and Digital professionals from all backgrounds can come together to collaborate, innovate, and grow.

We believe that a diverse community is a stronger community, and we strive to create a space that is welcoming to everyone. Whether you are a solo entrepreneur, a small business owner, or a member of a larger team, Fraser House is the perfect place for you to thrive.

With a variety of membership plans from day passes to dedicated desks, our hub is equipped with state-of-the-art technology and resources, including full fibre internet, meeting rooms and more. We offer a range of networking and professional development events, including lunchtime talks, meetups, and socials, to help our members connect and grow.

**White Cross Tenants Membership here at Fraser House** £60 for every 4 members of staff for access to the space tea/coffee and 2 hours of free meeting room space each month.

We encourage our members to engage with one another and share their knowledge and expertise. Whether you're looking to bounce ideas off of your peers, work on a project together, or simply connect with like-minded professionals, Fraser House is the perfect place to do it.

Fraser House Hub is financed by Lancashire County Developments Limited and delivered by Lancashire County Council.

If you would like a tour or more information, please contact: [hello@fraserhousehub.co.uk](mailto:hello@fraserhousehub.co.uk)






**the Olive Branch**  
faith in action

**We were so grateful for a number of phenomenal collections of food over the Harvest and Christmas seasons, which have kept us going through the winter months.**

**However, we are now running out of a number of staple food items, whilst continuing to give out approximately 80 emergency food parcels to individuals and families each week (based on average figures in April 2026). We'd really value any help to replenish our shelves over the coming weeks, particularly with the school summer holidays now on the horizon - weeks when children eligible for free school meals go without this provision.**

**Our most needed items currently include: tinned meat meals, tinned fish, tinned lunch meat, rice, tinned veg / fruit and biscuits.**

**If you feel able to donate a few items each week or even hold a collection in your workplace, this would be hugely appreciated.**



# Celebrating 25 years of Origin Spinal Injury Care

Origin Spinal Injury Care celebrates its 25th anniversary year in style, bringing together personal assistants and clients for a celebration to mark over two decades of delivering specialist spinal injury care across the UK.

## Growth built on strong foundations

Over 25 years, Origin has grown from a two-person operation into a national organisation — a journey shaped from the outset by the two founders who still lead it today. Peter Henry, Chairman, lives with a complete C5/6 spinal cord injury and remains an Origin client; Linda Adamsen, Managing Director, brings decades of professional care management experience.

Between Origin's early years and 2023, the office team expanded by more than 70%, and in January 2022 the Lancaster headquarters were extended to accommodate a growing workforce. A journey that Peter and Linda spoke about at the anniversary party, reflecting on 25 years of progress with the very clients and personal assistants who helped build it alongside them.

## Training as a cornerstone

Training was central to Origin's approach from the beginning — shaped in part by Linda Adamsen's background as a teacher. The first course ran in May 2001, on the principle that proper training is the foundation of high-quality care, not a compliance exercise. Courses moved to a dedicated in-house education suite at Origin HQ, and in April 2024 the programme achieved CPD accreditation — formal recognition of standards had been building for over two decades.



Above: Peter Henry, Linda Adamsen and team at the anniversary party held in March.

## Recognition and partnership

Partnerships are a key part of the Origin story, with relationships in the spinal injury community stretching back to the organisation's founding.

In Autumn 2024, Origin became a Trusted Care Partner of the Spinal Injuries Association (SIA). In June 2025, Origin achieved Treatment of Disease, Disorder or Injury (TDDI) registration with the Care Quality Commission (CQC) — a distinction held by relatively few providers, and the natural endpoint of the governance and training standards Origin had spent two decades building.



## A consistent philosophy

Through 25 years of expansion, Origin's founding principle remains unchanged: that people living with spinal cord injuries deserve care delivered by individuals who genuinely understand their experience.

The anniversary party embodied this spirit; among those celebrating were George Crofton, Origin's longest full-time client, and Niki Lee, a personal assistant with the organisation for nearly a decade. One long-standing client, reflecting on nearly a quarter of a century with Origin, summarised this simply; "A fantastic service. Never had any regrets or misgivings."

Jill Jackson, Head of Training and Recruitment said; "To be able to chat with people whom we have known for many years but never met in person was just amazing.

That, more than any accreditation or milestone, is what 25 years of Origin looks like."

Specialist Spinal Injury Care | 01524 34100 | [www.origincare.com](http://www.origincare.com)

